

Quality of Life

Stirling offers outstanding quality of life for residents, workers and visitors and is ranked 11th in the UK out of 189 towns and cities for quality of life by 21-44 year olds. Stirling is Scotland's newest city, and provides a range of historical attractions and leisure activities. These include landmarks such as Stirling Castle and the National Wallace Monument.



Stirling provides easy access to the nearby Loch Lomond and the Trossachs National Park and a range of activities are available in the surrounding countryside, including water sports, walking and cycling. The city also boasts an enjoyable entertainment scene with a range of restaurants, bars, cafes, cinemas and the MacRobert arts Centre.

Stirling has the second highest healthy life expectancy free from limiting long-term illness out of Scotland's 32 local authority areas. Stirling's exceptional standard of quality of life is strongly linked to its fantastic geographic setting amidst stunning scenery, as well as low crime, excellent health care and quality schools with high levels of achievement.