



Specific guidance for your activity

Walking –

www.ramblers.org.uk/scotland

Mountain biking –

www.dmbins.com/riders/do-the-ride-thing

Horse riding –

www.bhsscotland.org.uk/responsible-riding

Canoeing –

www.canoescotland.org/AccessEnvironment

Dog walking –

www.outdooraccess-scotland.com/out-and-about/recreation-activities/dog-walking/

Wild camping – www.outdooraccess-scotland.com/help-and-information/marketing-and-resources/camping-resources/responsible-camper/



Where to go?

Phototrails – www.phototrails.org

Visit Scotland – www.visitscotland.com

National Cycle Network – www.sustrans.org.uk/what-we-do/national-cycle-network/online-mapping

Visit Woods – www.visitwoods.org.uk

Stirling Council's Core Paths Plan – www.stirling.gov.uk/services/transport-and-streets/walking,-cycling-and-horse-riding/footpaths-and-rights-of-way-general-information

Loch Lomond & the Trossachs National Park Core Paths Plan – www.lochlomond-trossachs.org/looking-after/core-paths-plan/menu-id-394.html



Useful Contacts

Stirling Council Access Team – 0845 277 7000

www.stirling.gov.uk

Loch Lomond and the Trossachs National Park – 01389 722600

www.lochlomond-trossachs.org

Scottish Natural Heritage – www.snh.org.uk

Paths for All Partnership – www.pathsforall.org.uk

ScotWays – www.scotways.com

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

Whether you're in the outdoors or managing the outdoors, the key things are to:

- **take responsibility for your own actions**
- **respect the interests of other people**
- **care for the environment.**

Visit outdooraccess-scotland.com or contact your local Scottish Natural Heritage office.



KNOW THE CODE BEFORE YOU GO

outdooraccess-scotland.com

Enjoy Stirling's Outdoors



Your Guide to Responsible Access

STIRLING AREA LOCAL ACCESS FORUM

ACCESS RIGHTS

The Land Reform (Scotland) Act 2003 gives you the right of access to most land and inland water in Scotland for recreation, education and going from place to place as long as you act responsibly. You can find out more about your rights and responsibilities in the Scottish Outdoor Access Code.

Remember – if you don't act responsibly, you lose your access rights and can be asked to leave!



WHAT STIRLING'S OUTDOORS OFFERS YOU ...

Stirling and its surroundings are home to many special places. There really is something for everyone who is looking to get into our great outdoors, from woodland wanders to riverside strolls, shady glens to windy hilltops, local path networks to some of Scotland's Great Trails. It's yours for the taking!

Why not cycle some of the pleasant National Cycle Network (NCN) such as NCN76 Round the Forth route and NCN7, or explore some of the finest singletrack on your mountain bike. Stroll around one of our Local Nature Reserves like Balquhiderock Wood or set out on the first section of the West Highland Way. For hills we have Dumyat on the edge of the Ochils, the Campsie Fells as well as Dumgoyne and the well known Whangie. The Allan Water and the Forth are well worth exploring if water is more your thing.

ENJOY STIRLING'S SURROUNDINGS...BUT REMEMBER THESE PATHS ARE FOR EVERYONE

RESPECT OTHER USERS

All non-motorised users (including mobility vehicles) have the right of responsible access so be prepared to meet different types of users when you're out.

ROUTE CHOICE AND THE WEATHER

Stirling has some lovely paths to choose from but some of them are easily damaged after bad weather. Think about your route and avoid sensitive paths during/after bad weather. It's for your own good.

Remember - hooves, tyres and feet all leave their mark!

WILD CAMPING

Packing your rucksack with a tent and stove for a couple of nights in the great outdoors is perfect for getting away from it all but remember to:

- Keep your distance from houses and public roads.
- Urinate 30m away from water and carry a trowel to bury faeces-it carries diseases and dogs love to roll in it.
- Don't leave litter – if you take it in, take it out!
- Avoid lighting fires, especially during dry spells, and use a stove to cook on.

HORSE RIDERS

Think about collecting your horses' dung or kicking it off the path so people after you can enjoy a clear run. Remember to slow down when approaching other users and that some people are afraid of horses.

WALKERS

You are not alone! Expect to meet other types of users and give way as required.

CYCLISTS

Slow down when approaching other users or where you know there are usually people. Remember to ring your bell or call a cheery "Hello" to let people know you are there.

PADDLERS

Watch out for anglers. Make sure all your equipment is clean and dry before going to a different water body.

DOG WALKERS

Keep your dog under close and effective control at all times and avoid fields with livestock in them. Your dog can be shot if it's worrying livestock. Remember to always pick up after your dog then 'Bag it and Bin it'.

EVERYONE

Don't do anything that could be dangerous to another user!

Remember the countryside is a working environment. Follow instructions on land management signs.

Always be courteous to people you meet.