

Community News Sheet

Update on community issues

July 2018

Welcome

Welcome to the July edition of Stirling Council's Community News Sheet. We have included a variety of information which we hope that you will find useful – if you have any questions or would like to know more – please don't hesitate to contact us (communityengagement@stirling.gov.uk). We can include information about community activities and topics, please feel free to email us any contributions.

Keys Handed Over For New GP And Minor Injuries Centre

A young apprentice had the honour of handing over the keys for the new GP and Minor Injuries Centre which will open to patients in August 2018.

Ruairi Gallagher, an apprentice heating engineer with FES and apprentice of the year at Glasgow Kelvin College, was one of hundreds of construction staff involved in building the flagship Centre which forms part of the new £37m Stirling Health and Care Village.

The purpose-built new Centre will provide more modern, spacious accommodation for a number of existing health services on the Stirling Community Hospital which will transfer to the new facility. These include Minor Injuries services, X-ray facilities (2 X-ray rooms and 2 ultrasound rooms), GP out-of-hours services and Keep Well services. It will also house three local GP practices (Viewfield, Park Avenue, and Park Terrace Practices), and provide a base for Scottish Ambulance Service staff, including a number of specialist paramedics who will work closely with colleagues across the Centre.

The handover of the keys marks the completion of the build phase and will enable staff to fit out and equip the clinical areas, offices and staff accommodation over the next six weeks. The Centre can then welcome the first patients in August 2018, as planned.

The new Stirling Health and Care Village is a joint venture between Stirling Council, NHS Forth Valley, the Clackmannanshire and Stirling Integration Joint Board and the Scottish Ambulance Service. Forth Valley College is also involved as it plans to offer opportunities to local young people including a range of training and volunteering opportunities within the new Health and Care Village.

The Bellfield Centre, a 116 bed inpatient facility which will provide short-term care, assessment or rehabilitation for older people who require additional support following an illness or operation, will be completed later in the year. This will be followed by a new ambulance station and workshop in autumn 2019 which will replace the existing ambulance station in the Riverside area of the city.

Other planned facilities include a café, hairdresser, landscaped areas and an information area which can be used by local community groups and volunteers.

Stirling Council leader, Councillor Scott Farmer said: "I'm very happy to welcome the opening of this new GP



and Minor Injuries Centre which will make a significant contribution to the health and social care agenda for Stirling.”

Gary Bushnell, Chief Executive, hub East Central Scotland, said “We have worked closely with all of the partners involved in the new Stirling Health and Care Village project to successfully manage this key phase to completion. The new GP and Minor Injuries Centre is a high quality facility built to meet the specific needs of patients and staff and also support the delivery of first class care in Stirling.”

The Health and Care Village will also support the integration of local health and social care services, making it easier for staff to work together to deliver better coordinated, more joined up care to local people; a key aim of the Clackmannanshire and Stirling Health and Social Care Partnership

Young Wummin Project – Stirling Youth Team

Five youth projects across Scotland, including 10 young women from Bannockburn High School have been researching the role Scottish women played during the First World War, paving the way for women’s right to equality. These 10 young women have been working alongside the Stirling Youth Team, researching a range of themes that still resonate today, such as gender inequality. They have also looked at how the role of women during WW1 changed and helped shape the role of women in today’s society.

As part of Year of Young People 2018 and the centenary of World War One, Youngwummin is funded by the Heritage Lottery Fund (HLF) in Scotland. This project has provided young people with an opportunity to explore women’s history and support them to conduct research on the impact of the war on young women in Scotland.

This project culminated with a launch night at the National Library of Scotland on the 26th June and members of the public can now view the participants’ research and findings until September 2018. Young people who attend the Stirling Youth Team held significant positions on the launch night, including walking with MSPs, Maree Todd and Christina McKelvie, around the library and explaining each element of the exhibition. They also asked the MSPs questions about women’s equality in front of an audience of 50+ people which included funders, other young people and a vast range of organisations.

Loch Lomond and the Trossachs Festival 2018 and Community Parade

The European Championships take place in and around Glasgow from 2-12 August, at the same time Festival 2018, a programme of cultural events will be taking place.

During the European Championships the open water swimming competitions will take place at Loch Lomond. Loch Lomond has inspired artists, poets and songwriters through the ages and in 2018 we are bringing together an eclectic mix of today’s best talent to celebrate this iconic landscape. Local people will help create a day packed with music and entertainment, arts and activities on the final day of the open water swimming competition.

The event will take place on the 11th of August and begins with the Festival parade which departs from Loch Lomond Shores at 11.15am and arrives at the Moss of Balloch in the centre of Balloch at noon.

Following the parade, activities will continue at the Moss of Balloch until 5pm with dancers, singers and bands performing on stage and performance art groups, including street theatre, around the grounds. There will be craft food and drink available, including offers from the award winning Loch Lomond Brewery.

Loch Lomond & The Trossachs National Park Authority Board Elections 2018

An election count was held at National Park Authority Headquarters in Balloch on Thursday 5th July 2018, where the successful candidates in the local Board member elections were announced. For these elections, the National Park was split into five Electoral Wards

Bob Darracott was elected in **Ward 1** (Cowal and North Loch Lomond) with 113 votes. Now retired, Bob previously held the role of Director of Planning, Transport and Development for Renfrewshire Council.

Billy Ronald was re-elected in **Ward 2** (Breadalbane and the Trossachs) with 321 votes. Billy remains on the Board having previously been elected in October 2015.

Martin Earl was elected in **Ward 3** (Callander) with 340 votes. Martin previously sat on the Board as a local authority nominated member from 2012-2017.

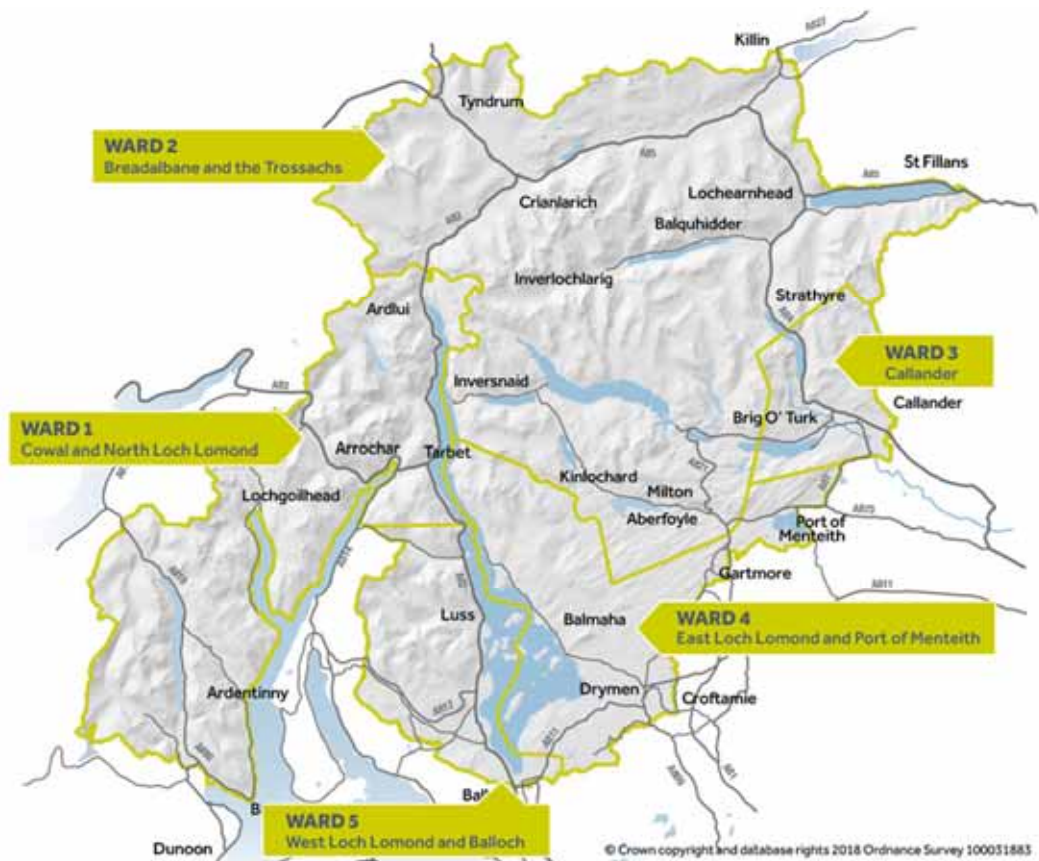
Willie Nisbet was re-elected in **Ward 4** (East Loch Lomond and Port of Menteith) with 457 votes. Willie has sat on the Board as a locally elected member since 2006.

David McCowan was re-elected in **Ward 5** (West Loch Lomond and Balloch) with 242 votes. David has sat on the Board as a locally elected member since 2010.

The election, which is held every four years, was organised by Stirling Council and presided over by Depute Returning Officer Iain Strachan. Voting was open to National Park residents over 16 years old and the turnout across the Park was 33%. You can download the full results using the link below.

Find out more about the role and make-up of the National Park Authority Board on their website:

www.lochlomond-trossachs.org



Customers Across Scotland Asked to Use Water Wisely



Scottish Water is asking customers to use water wisely in their daily activities to help maintain supplies during the current period of hot summer weather.

Following a sustained dry period without any significant rainfall, customer usage has increased significantly. With the current weather conditions forecast to continue, Scottish Water is encouraging people to take simple but important steps to conserve our public water supplies.

In some areas there has been a 30% increase in demand for water during the summer so far and an additional 140 million litres are currently being produced and pushed through the system every day to meet current customer usage.

Scottish Water has been monitoring the situation closely and managing supplies across the country, including deploying additional resources to move water between distribution areas and tankering water to supplement local networks.

Some water treatment works and distribution networks are working at near capacity to meet demand.

Average reservoir levels are generally normal for this time of year but the current level of usage and continuing dry weather means stocks of stored water available for use are reducing.

Customers are being asked to reduce usage wherever possible. Businesses are also being asked to consider their usage and how they can use water more efficiently. Simple, practical steps which we encourage include:

- Taking shorter showers
- Using a watering can rather than a hose to water plants
- Using a bucket rather than a hose to wash vehicles; only washing windscreens/lights instead of the whole vehicle
- Turning off taps in the home whenever possible
- Using washing machines and dishwashers fully loaded

Peter Farrer, Scottish Water's Chief Operating Officer, said: "Water usage levels during the current hot summer weather, particularly during peak times such as morning and early evening, mean we are working around the clock to get water around the system quickly enough.

"Scotland's public water supply is the lifeblood of the country, for household and business customers. We usually supply more than 1.3 billion litres a day to customers.

"We have a strong and resilient distribution network to keep our customers supplied but we're asking everyone to play their part in helping us as Scotland enjoys its hottest and driest summer in many years.

"By encouraging simple but important changes to how people use water over the coming days and weeks of dry, warm weather, this will make a big difference."

Environmental Secretary Echoes Scottish Water Call

Environment Secretary Roseanna Cunningham said: "Much of Scotland has been enjoying a period of warm and dry weather and, with this forecast to continue, now is a good time for all of us to take action where we can to ensure that we maintain the network's stocks of water.

"Scottish Water is managing current levels of water usage closely, and I encourage people everywhere, whether using water at home, or in their business, to work with Scottish Water and follow their helpful advice and suggestions to use water wisely. This will allow the network to operate as normal, supporting all our water needs everywhere."

To help customers use water wisely, advice is available on our website www.scottishwater.co.uk/savewaterscotland or call our Customer Helpline on **0800 0778778**.

Businesses should speak to their licensed provider for advice.

For further information please contact the Scottish Water press office on **01383 848236** or Keith Sinclair, Media Manager, on **0141 414 7186** or at keith.sinclair@scottishwater.co.uk.

www.scottishwater.co.uk www.facebook.com/scottishwater

Consultations

Allotments

Scottish Government is consulting on Part 9 of the Community Empowerment (Scotland) Act 2015 relating to Allotments which came into force on 1 April 2018.

The public consultation on the draft statutory guidance for local authorities relating to certain sections of Part 9 of the Community Empowerment (Scotland) Act 2015 – Allotments – is now open.

The consultation can be accessed via link: <https://consult.gov.scot/food-and-drink/part-9-allotments/>

The consultation closes on **Monday 20th August**.

The guidance covers the following 10 sections of Part 9 of the Community Empowerment (Scotland) Act 2015, where Ministers considered that additional guidance to local authorities would be helpful:

Section 110 – Offer to lease allotment

Section 111 – Duty to maintain list

Section 112 – Duty to provide allotments

Section 114 – Access to allotment and allotment site

Sections 115 and 116 – Allotment site regulations; allotment site regulations: further provision

Section 119 – Duty to prepare food-growing strategy

Section 120 – Duty to review food-growing strategy

Section 123 – Delegation of management of allotment sites

Section 124 – Promotion and use of allotments: expenditure

Radioactive Contamination Guidance

Scottish Government is consulting Guidance on protecting the public from radioactive contamination in land

Scottish Government are consulting on how to improve the protection of the public from radioactive contamination in land. The consultation includes proposed changes to the current guidance for the Radioactive Contaminated Land (Scotland) Regulations, to include broader best practice guidance alongside the existing statutory guidance to SEPA. We are responding to experience with the regulations and other measures to protect the public, recommendations from an expert committee, and the need to ensure transparent transposition of a Euratom Directive.

The consultation can be accessed via link:

<https://consult.gov.scot/environment-forestry/radioactive-contamination/>

The consultation closes on **Tuesday 21st August 2018**

Environmental Strategy for Scotland

Scottish Government is consulting on Developing an Environment Strategy for Scotland

An online discussion seeking input to the development of an Environment Strategy for Scotland. This takes forward the commitment in the 2017/18 Programme for Government to develop a strategic approach on environmental policy to protect and enhance our environment, safeguard natural capital and continue Scotland's leading role in addressing environmental challenges.

The consultation can be accessed via link:

<https://consult.gov.scot/environment-forestry/environment-strategy/>

The consultation closes on **Friday 24th August 2018**

Disabled Children, Young People and their Families

Scottish Government is consulting on Supporting Disabled Children, Young People and their Families

This consultation focuses on the content and format of a public resource that will look to provide information, based on the lived experiences of disabled children, young people, and their families across three pillars: rights and information, accessibility of support, and transitions. The information you see in the consultation document will be developed into a website and mobile device app. The case studies reflect the lived experiences of disabled children, young people and their families and help to highlight examples of best practice.

The consultation can be accessed via link

<https://consult.gov.scot/children-and-families/supporting-disabled-children/>

The consultation closes on **Wednesday 5th September 2018**

Cultural Strategy for Scotland

Scottish Government is consulting on A Culture Strategy for Scotland

Scotland's rich and varied culture, heritage, landscapes, languages, traditions and creativity are collectively one of the country's greatest strengths. Scotland has an enduring world-wide reputation as a centre for ideas, learning, education, creativity and innovation. Culture reflects the past; challenges the present and shapes the future. The draft Culture Strategy for Scotland for consultation builds on the feedback gathered during the engagement phase and sets out a vision supported by a set of ambitions, aims and actions. The draft strategy commits to long term change through greater collaboration and integration across culture, communities and policy development to ensure that culture's empowering and transformative power can be experienced by everyone.

We want to hear from you about whether you think the draft strategy presents a firm foundation for sustaining culture into the future. We also want to hear about what you think success will look like for the strategy and how you do or can contribute to that success.

The consultation can be accessed via link:

<https://consult.gov.scot/culture-tourism-and-major-events/culture-strategy/>

The consultation closes on **Wednesday 19th September 2018**

Funding

Changing Lives through Sport & Physical Activity Fund

The new Changing Lives through Sport & Physical Activity Fund is a partnership between Spirit of 2012, the Scottish Government, SportScotland and the Robertson Trust.

This £1million fund is open for applications from Scottish organisations seeking to change lives through sport and physical activity, and can evidence the impact of their interventions on individuals and groups.

At least 14 grants of between £30,000 and £70,000 will be awarded to two-year projects that meet the Fund's key criteria and deliver on the four positive change themes:

- Sport for Inclusion
- Sport for Health and Wellbeing
- Sport for Skills
- Sport for Communities

Successful projects will demonstrate how they can deliver positive change through sport and physical activity, and support people to become and stay active.

Please submit your completed application electronically by 5pm on 28 August 2018 to changinglives@spiritof2012.org.uk

For more information see website: <https://www.spiritof2012.org.uk/CLTSPA>

School Footwear and Clothing Grant

Grants are £130.00 for each eligible child.

Forms can be downloaded :

<https://my.stirling.gov.uk/services/education-and-learning/schools/school-grants> or collected from Schools or Customer First. Alternatively, call 01786 233210 to have a form posted.

You may qualify if you receive:

- Income Support
- Income based Job Seekers Allowance
- Income related element of Employment and Support Allowance
- Child Tax Credit but not Working Tax Credit
- Child Tax Credit and Working Tax Credit Support under Part V1 of the Immigration and Asylum Act 1999
- Universal Credit
- Council Tax or Housing Benefit

For Child Tax Credit and Working Tax Credit you will need to provide us with all the pages of your recent Tax Credit Award letter. This should be dated in the last 3 months and show your expected income. For all other allowances you need to provide your award letter. These should be supplied at the time of applying and applications cannot be processed until this has been received.

Application

You can apply for a clothing grant up to 31 December. Only one clothing grant per child is allowed for each school year.

There is a single application form for both benefits, and it is only necessary to apply once per year.

Please return your completed **application form** along with the above documents, to Customer First, Port Street, Stirling or Stirling Council, Teith House, Kerse Road, Stirling FK7 7QA.

No grant is paid for young people who are 16 years old by 30 September. An application should be made for Education Maintenance Allowance. If any of the above applies they are entitled to free school meals.

You can apply for free school meals at any time. If your child qualifies for free school meals we will advise the school. Meals will be provided from the date the application is approved and cannot be backdated.

We can't pay a grant for children attending nursery. However, if your child is over 2 years old and attends nursery for an extended day, NOT a half-day session, and any of the above applies they are entitled to free meals.

If your application is successful, we aim to send you a payment before the new school year starts. If you haven't received your payment by then please phone 01786 233210. We start sending out payments direct to your bank account in July.

If you are not entitled to a payment we will write to you and explain why.



BBC Children in Need

BBC Children in Need's focus is firmly on those children and young people who are experiencing disadvantage. They seek to fund organisations working to combat or alleviate this disadvantage and to make a real difference to the quality of children and young people's lives. Applicants should be very specific in helping BBC Children in Need to understand the nature of the disadvantage they are seeking to address: Such disadvantages include:



- Living in poverty or situations of deprivation.
- Disability.
- Behavioural or psychological difficulties.
- Illness, distress, abuse or neglect.

The work they fund will take place within the UK and will be for the benefit of children and young people provided they are aged 18 years or younger. Applicants should be constituted, not-for-profit organisations and charities from any part of the UK. Their grants reach local communities throughout the UK - from Shetland to the Scillies; from Belfast to Barry Island.

Grants range widely in size and there are two grant programmes, depending on how much you are requesting. The small grants programme is now open for applications of up to £10,000 per year for up to 3 years - a total request of £30,000. The next deadline is as follows:

- 2 September 2018 - Decision by end of November 2018.

If the application is eligible you will need to be available in the month after the deadline for a telephone assessment. Your referee will also need to be available to provide a reference.

For more information see

<http://www.bbc.co.uk/programmes/articles/wWhd5lqf4RZ3xhL63G9Xmc/small-grants-what-you-need-to-know>

Applications for more than this are eligible to apply into the Main Grants Programme. This is for applications of over £10,000 a year for up to three years. The next Grant application deadline for 2018 is 13 September 2018 for a decision by mid February 2018.

For information on Main Grants see

<http://www.bbc.co.uk/programmes/articles/60DXlxYvbbtcTDm79Mjryj/main-grants-should-i-apply>

If your initial application is invited to the next stage you will need to complete a full application form. You will hear whether you have been invited to do this a couple of weeks after you have submitted your initial application and you will have a month to complete a full application to be considered in the next round. You will need to be available in the month after you submit your full application for a telephone assessment. Your referee will also need to be available during this time to provide a reference.

All application forms, guidance and further information is available on the BBC Children in Need website.

See website for more details:

<http://www.bbc.co.uk/programmes/articles/1N4ddmFHns8VPKjyp3PMYwn/apply-for-a-grant>

Big Lottery Fund Scotland: Community Assets

Community Asset grants are aimed at empowering people to create strong and resilient communities by helping them acquire, manage or develop assets such as buildings or land. Eligible organisations should be community-led, have a social purpose and have open membership and be based in Scotland in the local area they serve and be run by local people. Priority will be given to organisations that tackle disadvantage and inequality.



Activity that is funded must embrace the three approaches (<https://www.biglotteryfund.org.uk/funding/scotland-portfolio/three-approaches>) to funding and be: people-led, connected and strengths-based. Funding up to five years is available in the form of capital funding (land and/or building costs), revenue funding (salaries and running costs) and the cost of acquiring an asset.

As this is a rolling programme, there is no deadline or application form and applicants must first discuss their project with the Big Lottery Fund. A visit will then be made to organisations whose applications potentially meet the criteria to consider further if their project is a good fit with Community Assets.

For more information contact Scotland Advice Team Tel 0300 123 7110

Email advicescotland@biglotteryfund.org.uk

Web <https://www.biglotteryfund.org.uk/funding/programmes/community-assets>

Localgiving - Magic Little Grants



In association with Postcode Community Trust, the fund provides local charities and community groups the opportunity to access funding to deliver engaging physical activities, which help to overcome barriers to participation. It will support the work of organisations that are engaging hard to reach individuals, encouraging them to take part in some form of physical activity to help improve their physical and mental health and wellbeing. Projects must meet either of the following themes: overcoming barriers to participation in physical activities in creative ways; increasing social cohesion through developing access to sports and other recreational activities. Grants can be used to support the general running costs of new and existing sports and physical activities. This could include: facilities hire, kit & equipment, coaching qualifications, other volunteer expenses etc

Next deadline: 31 Oct 2018

Website: <https://localgiving.org/what-we-do/magic-little-grants/>

Email: help@localgiving.org

Phone: 0300 111 2340

Address: Mansfield Traquair Centre, 15 Mansfield Place, Edinburgh, EH3 6BB

Are you aged over 65? Do you need help with your shopping?

CALL US on 01786 450536



Food Train is a local charity offering support to older people who are living at home and are struggling to do their weekly grocery shop. Friendly volunteers will help to take your order on a Monday and then shop and deliver your groceries to you on a Tuesday, Wednesday or Thursday, providing support to put items away wherever it is needed. We already help more than 200 older people in this area, and we are supported by a brilliant team of 50+ volunteers. This is service that provides customers with choice, and is very affordable at a cost of £4 for each delivery and £1 for your annual membership fee. We cover all Stirling Local Authority areas.

Are you aged over 55? Would you like a friendly neighbour to deliver you some home-cooked food?

'Meal Makers' is Food Train's very own local neighbourhood food-sharing project that connects people who love cooking (cooks) and want to share an extra portion of their delicious home-cooked food with an older neighbour (diner) who would really appreciate a freshly prepared meal and a friendly chat. How often meals are shared, and when they are shared is decided between the cook and diner. No money changes hands. It is simply a donation of food between neighbours. The only cost associated with Meal Makers is a £5 annual fee for diners to become members.

Ever thought of Volunteering?

If you are interested in volunteering with Food Train, either with the shopping service or as a Meal Makers cook, why don't you give us a call on 01786 450536 or make an enquiry via our website www.thefoodtrain.co.uk You can also see what we've been up to on our Facebook page www.facebook.com/FoodTrainStirling

If you would like Food Train to attend a community council meeting please phone the office or contact Stuart Miller at stuart@thefoodtrain.co.uk

Play in the Park

All ages welcome

FREE EVENT

Children under 8 years must be accompanied by an adult.



Wednesday 1 st August Aberfoyle Play Area Main Street 11.00am-2.00pm	Thursday 2 nd August Riverside Waverly Park Riverside Drive 11am – 3pm	Friday 3 rd August Drymen Play Area Ardmore Gardens 10.00am-12.00pm	
	Thursday 9 th August Beechwood Park Stirling 11am-3pm		
	Thursday 16 th August Causewayhead Causewayhead Park Alloa Road 11am-3pm		

For further information contact us on 01786 233994/233995/233996
Stirling Council Play Services



If you are receiving this News Sheet you are part of the Community Engagement and Participation Team's mailing list. We collect, use and store your information in order to support you and your organisation's activities. We send a monthly News Sheet; training and event opportunity; and other relevant information periodically.

Your information will be kept secure and not shared with other Council services or Partners. You have various rights with respect to your personal data, including the right to access a copy of what we hold about you; have it changed or removed. If you no longer wish to receive this information, please contact us - Community Engagement Team 01786 233076 communityengagement@stirling.gov.uk



Rethink
your drink...

Stay Safe

- There is **No Safe Limit** to drinking alcohol.
- Drink plenty of water and stay hydrated.
- Alcohol can interfere with prescribed and over the counter medicines - check yours!
- Have alcohol free days.
- Always practice safe sex.

Support

If you need help or support with an alcohol or drug problem contact Signpost Recovery for free and confidential advice.

tel: **0845 673 1774** or visit **www.signpostrecovery.org.uk**

For support with someone else's substance use contact Forth Valley Family Support on **08080 10 10 11** or **email: helpline@sfad.org.uk**

Useful Websites

- www.nhs.uk/Livewell/alcohol
- www.nhsinform.scot
- www.alcohol-focus-scotland.org.uk

**Help shape the future of Mental Health Services.
We need your views, we need your expertise.**



Clackmannanshire and Stirling Health and Social Care Partnership are reviewing mental health services.

We need you to tell us how we can develop services that meet people's needs.

We would like to know:

- * What works well and what services are valued?
- * What is challenging and what needs to change?
- * What is missing—where are the service gaps?

**Tuesday 28th August at Ludgate House, Alloa,
2-4:30pm**

**Wednesday 29th August at Stirling Community Hospital,
6—8:30pm**

To book a place register on Eventbrite or phone CTSI 01259 213840